

How to make the most of your GP appointment

1. Please be aware we have **10 minutes** per appointment
2. We recommend **1 problem per appointment**
3. **If you wish to discuss multiple issues please mention this at the start** of the consultation so that together we can prioritise what can safely be dealt with today
4. If we are running late **we thank you for your patience**, the reasons may include:
 - dealing with a medical emergency
 - discussing a serious diagnosis
 - helping an elderly patient
 - trying to manage the expectations of someone who has presented with multiple problems

We will endeavour to update you with estimated wait times.

5. Prior to your appointment we would recommend:

- ✓ Please inform the receptionist of your reason for the appointment, this will lead to a more efficient appointment.
- ✓ Please arrive on time.
- ✓ Think about your symptoms beforehand, what is worrying you. Maybe make a list, but remember we only have 10 minutes.
- ✓ Get to the point, don't save important issues until the end.
- ✓ Wear accessible clothing if it's likely you'll need an examination.
- ✓ Your appointment is booked for you; please do not expect the doctor to deal with the problem of a relative or a child during your appointment. Please make a separate appointment for them if they need to see a GP.